



MURPHY'S GIVING MARKET UPPER DARBY AREA RESOURCES LIST

Name	Services	Address	Phone, E-mail, Website	Languages	Payment
African Family Health Organization	Primary care appointments, health education, and referrals to health care and social services (benefit applications, food distribution, legal consultation).	2420 S. 54th St Philadelphia 19143	215-546-1232 https://afaho.org/	English, French, Arabic, Mandingo, Swahili, Kinyarwanda, Haitian Creole, Bambara, Yoruba, Krio	Please Call for More Information
Catholic Social Services of Delaware County	Pregnancy Support, Housing & Homelessness, Senior Services, Food, Education, Foster Care & Adoption, Counseling, Immigrant Support, Intellectual Disabilities Support	6214 Grays Avenue (PO Box 16986) Philadelphia, PA 19142 4400 N. Reese Street Philadelphia, PA 19140	215-724-8550 267-331-2500 https://cssphiladelphia.org/		Please Call for More Information
Centro De Apoyo Comunitario	New Family Welcome Center, Emotional Health, Social Support, and Access to Services, Including School Enrollments for Children	2235 Garrett Road Drexel Hill 19026	610-740-4607 centroapoyocomunitario@yahoo.com https://www.centroapoyo.org/	Spanish, English	Please Call for More Information
Hispanic Resource Center	Assistance with appointment scheduling, health education, filling out forms/applications, needs assessments and program referrals, advocacy, translations, and limited interpretation.	Ruth Bennett Learning Center 1350 W. 9th Street Chester, PA 19013	267-453-7289 elcentro@delcofoundation.org	Spanish, English	No Charge
Ches Penn	Medical Care	5 Southern State Highway Upper Darby, PA 19082	610-352-6585 After Hours: 610-431-5380 https://chespenn.org/	Translation Services Line	Variable fee based on financial need
Delaware County Community Action Agency	Emergency Shelter, Weatherization, Utility Assistance	7408 West Chester Pike, Upper Darby 19082	610-947-0693 info@caadc.org		Please Call for More Information
Delaware County Wellness Center in Yeadon	Appointment-only immunizations, HIV counseling, Testing and treatment for sexually transmitted infections, tuberculosis testing, and treatment by appointment-only	125 Chester Ave Yeadon, PA 19050	(484) 276-2100 DelcoWellness@co.delaware.pa.us	Translation language line available	No Charge

Delaware County Domestic Abuse Project	Safety, Advocacy, and Support Services for Victims of Domestic Abuse	Satellite Office at the Upper Darby Police Department, Basement 7236 West Chester Pike Upper Darby, PA 19082	(610)-675-8793 info@dapdc.org https://dapdc.org/		Please Call for More Information
Esperanza Health Center	Adult Health Care, Pediatric Care, Prenatal and women's care, Dental care HIV Care, Behavioral Health, Drug dispensary, Nutritional Counseling, Social Services, Spiritual Care	4417 N. 6th Street Philadelphia, PA 19140-2319	Medical Patients: 215-302-3600 Dental Patients: 215-302-3156		\$20 to \$60 for a medical or dental visit for the uninsured
Maternity Health Coalition	Child Care Assistance, Community and parent Education, Community Doula and breastfeeding, Behavioral Health	224 Long Lane Upper Darby, PA 19082	215-972-0700 610-713-0570		Please Call for More Information
MILPA Upper Darby	Immigration and Human Rights Services	7408 West Chester Pike Upper Darby, PA 19082	(717) 536-8367 info@milpafamilia.org	Spanish, English	Please Call for More Information
Multicultural Family Services	Community health, Adult education, advocacy, immigration support, professional development, and youth soccer programs.	7016 Terminal Square, Upper Darby 19082	484-461-8660 multicultural.community@mcsf.org mcsf.org		Please Call for More Information
FIGHT Community Health Centers of Philadelphia	Primary care, HIV and hepatitis C care, dental care	1233 Locust Street, Philadelphia, PA 19107	215-525-8681 https://fight.org/ .	Linguistic line	Based on the Sliding Scale of Financial Needs
Planned Parenthood Upper Darby	Birth Control, Emergency Contraception) STD Testing, Treatment & Vaccines Abortion Referrals, HIV Services Men's Health, Women's Health, Pregnancy Testing & Services, Transgender Hormone Therapy	7200 Chestnut St, Upper Darby, 19082	610-626-9482 Phones are answered from 7:30 am - 7:00 pm Monday through Thursday, 7:30 am-5 pm on Friday, and 8 am - 4 pm on Saturdays. https://www.plannedparenthood.org	English, Spanish, online language	Fees for services are based on your household income You will not be turned away because of your inability to pay Payment is expected at the time of service.
SHAMS Clinic	Free Primary Care services: · Wellness Visits & Physicals · Sick Visits & Disease Management · Preventative Screenings · Referrals for Specialty Care · Prescriptions & Lab Work	4075 Lancaster Ave Philadelphia, PA 19104 (entrance in rear on Olive Street)	215-333-2600 Clinic is open Mondays 3-6 pm and Saturdays 10-1 pm. Appointments are strongly encouraged. You can call us and leave a message Monday-Saturday! Shamsclinic@icnarelief.org	English	Free of Charge

<p>Puentes De Salud</p>	<p>Clinical Care (cardiology, dermatology, neurology, pediatrics, physiotherapy, podiatry, pulmonology and vasectomies). Women's Health (prenatal care, cervical cancer screening and mammogram referrals, STI screening and treatment, pregnancy testing, initiation of contraception, and surveillance). Diabetes management and heart health, Dental care (Please visit the office Monday through Friday from 9 am to 3 pm for dental appointments. All appointments are scheduled on-site at Puentes.)</p>	<p>1700 South Street Philadelphia, PA 19146 Hours: Monday: 12:30-3:00 pm, 6:00-7:30 pm Wednesday: 12:30-16:00, 18:00-19:30 Thursday: 10:30 am-3:00 pm.</p>	<p>215-454-8000 Please leave your name and number and the reason for your call.</p>		<p>Donations Requested for Medical Visits: Scheduled Appointments \$20 Walk-ins: \$30. *NO donations are required to receive care.</p>
<p>WIC Upper Darby</p>	<p>Available to low- to moderate-income pregnant women, women who have recently given birth, breastfeeding women, infants, and children up to age 5 who are at nutritional risk. Parents can also bring their children to apply for WIC. You can apply for WIC if you are working or unemployed.</p>	<p>1500 Garrett Rd, Upper Darby, PA 19082</p>	<p>(610) 713-5800 www.wicprograms.org/ci/pa-upper_darby</p>	<p>English, Spanish, online language</p>	<p>No Cost to Qualifying Families</p>